

## Water Safety

### Easy/Medium

**Question:** True or False, There should always be an adult around when you are swimming.

**Answer:** True; adult can be parent, lifeguard, aunt/uncle or grandparents

**Question:** What can you wear to protect your feet from sharp glass and shells on the beach?

**Answer:** Water shoes or flip-flops

**Question:** You should always wear a \_\_\_\_\_ when on a boat.

**Answer:** A lifejacket

**Question:** Yes or No, Is it ok to leave a baby alone in a bathtub?

**Answer:** No

**Question:** True or False, Girls with long hair should tie it back in a high ponytail before swimming.

**Answer:** True; hair can get sucked into the pool drain

### Hard

**Question:** How often do you need to reapply sunscreen when you are outside?

- a. Before you get in the pool
- b. After you get out the pool
- c. Every two hours
- d. All of the above

**Answer:** d, all of the above

**Question:** Yes or No, It is ok to try to save a friend from drowning by yourself.

**Answer:** No; never get in the water to help a troubled swimmer.

Instead, go and find an adult or a strong swimmer like a lifeguard.

**Question:** How many inches of water does it take for a person to drown?

- a. 7 inches
- b. 5 inches
- c. 2 inches
- d. 1 inch

**Answer:** d, 1 inch, enough to cover the airways (mouth and nose) of a person

**Question:** What does "PFD" stand for?

**Answer:** Personal Floatation Device